

IDS YES!!!

**independent
day school
Corbett Campus**

<http://www.idsyeyes.com>

HEADS' LETTER

FEBRUARY 5, 2009

SO PROUD: CONGRATULATIONS IDS TEACHERS!

On Wednesday, February 4, we hosted 51 teachers and administrators from Korean elementary schools, who were hand-picked to be a delegation to study at the University of South Florida English Language Institute for one month. After receiving an hour-long workshop about the M.O.R.E. Approach and what they would observe in classrooms, our visitors had the opportunity to see us in action.

Our teachers were gracious, stellar in their teaching, and the visitors learned more than they had ever anticipated. Words flowed with appreciation and amazement about the high level of academics, the behavior of the students, and the innovative teaching strategies. "How can we do this?" and "How can we learn more?" were constant questions. Congratulations to our TEACHERS with a Capital T!!! What we consider here to be the "expected," for others is once again "eye-opening" to the great and unlimited possibilities for teaching and learning.



HEADMASTER TEE COTO BROUGHT SUNSHINE TO A RAINY DAY



Monday, February 2, fourth grader Tee Coto took the helm as Headmaster and ran the school with a delightful charm, confidence, and determination. He brought a lot of fun and great ideas. Headmaster Coto led the assembly with a strong voice that commanded the respect and attention of everyone, as he introduced each of the presenters for the assembly and set his plans for the day. He proudly thanked his parents Dr. Humberto Coto and Lori Coto for giving him the opportunity. The Headmasters for 2009-2010 will be won at the Big Event on Saturday, March 7, 2009 at 6:30 p.m.

WE CARE: WE ARE DOING THIS BECAUSE IT IS VERY IMPORTANT TO BE AN INFORMED PARENT MONDAY, FEB. 9 AT 7:00 P.M. GRAND ROOM – 2ND FLOOR OF THE NEW BUILDING

In response to your questions and our desire to make sure that homes are as safe as school, we are inviting all parents, grandparents and grandfriends to an evening of vital interest to all who own computers and have children **living or visiting** in their homes. You may trust your own child, but what do you do when they visit other places? **Knowledge is key.**

We have once again arranged for a representative from the IINI (Innocent Images National Initiative), a component of the FBI's Cyber Crimes Program, to be a speaker. The IINI is an intelligence-driven, proactive, multi-agency investigative initiative to combat the proliferation of inappropriate material for children by on-line computer usage and now the abuse of texting...which has become a new avenue for harassment.

Our presenter will be **SPECIAL AGENT SCOTT T. EARL**. Special Agent Earl was designated as a Special Agent of the Federal Bureau of Investigation in 2005. After completing training, he was assigned to the Tampa Division where he initially worked White Collar Crime/Health Care Fraud and later assigned to the Special Operations Group. In May 2006, Special Agent Earl was assigned to the Cyber Crime Squad as the Case Agent and Task Force Coordinator of the Tampa Innocent Images Task Force. In this capacity Special Agent Earl has conducted online investigations, coordinated training and duties of the state and local task force officers, and managed the administrative matters required for ongoing task force operations. He is serious and to the point. You will want to be there.

Special Agent Earl will be speaking only to adults on Monday, because of the sensitivity of the discussion and the tricks of the trade to help prevent on-line inappropriate actions by minors. Many parents who attended in the past have been hugely grateful to us for offering this session. Each year has updated information. On **Thursday, February 12**, he will speak to our Middle School students from 8:15 – 9:30 a.m. Parents may attend that as well. This Thursday session is geared for students. The Monday night session is critical for all parents. Please contact us if you have any questions. Dr. Swartzman ext. 307 and Ms. Ripple ext. 305.

ONE HUNDRED ALREADY??!!!!!!

100th DAY!: Just imagine 100 Pre-K3, Pre-K4, and Kindergarteners parading through the school dressed as if they were 100 years old. The teachers dressed in character as well. It was tough to determine who was having the most fun--the teachers or the students? The whole school smiled, laughed and gave great encouragement to our little-old-folks and "old" teachers. The kindness and warm greetings of the students, from first through middle school, toward our paraders, gave another delightful opportunity to experience a warm and supportive community spirit.



SESSION III LUNCH PROGRAM

MONDAY, MARCH 2, 2009 BEGINS OUR THIRD LUNCH OFFERING: Sign up as soon as possible to make a smooth lunch transition. Friday, February 27, 2009, ends the second lunch offering. IDS lunches are great and nutritious. Save yourself time in the morning and let Chef Garret make your child's lunch and pre-order by Thursday, February 19.



Please find the enclosed third offering lunch program forms. To insure enough lunches on March 2, 2009, your form needs to be turned in by **Thursday, February 19**. Order ahead and save a dollar or more a day. The IDS lunch forms are on our website at <http://www.idsyeyes.com/lunch.html> and in today's Thursday folder.

8TH GRADE COOKBOOK: CALLING ALL RECIPES

IDS PARENTS AND GRANDPARENTS, WE NEED YOUR HELP! Our eighth grade class is working hard to raise funds for their class gift to IDS. We are excited to tell you the Class of 2009 is compiling a cookbook with dessert recipes from our IDS families. We need your most beloved dessert recipe(s) to help make our IDS cookbook a keepsake for years to come. Please email your favorite recipe(s) to polmear@aol.com or drop off a copy at the East side or West side office. Please include your name. We will contact you in the near future with information on when the cookbook will be available for purchase. Thank you for your help!



CALLING ALL PARENTS: PFA OPEN COUNCIL MEETING: THURSDAY, FEB. 12

Everyone is invited to the PFA General Council Meeting on February 12 at 8:05 am. Join IDS parents in planning and discussing key details and events that continue to contribute to IDS-CC's successes! It is fun to be together and very informative. See YOU there parents!!



Also a reminder: **PFA FUNDRAISING DUO Vanessa Minick and Heather Lee Rossing** want to make your Valentine's Day an easy one! **Valentine's Day Gourmet ToGo Packages – Dinner Done - Order form available in the office.**



BIG EVENT



ONLY 30 Days Til The Big Event!



It Is Time To ANTE UP!

We'd lay odds that you will have a GREAT time at the Big Event.
Help us get an accurate food count to Chef Garret.
Turn in your RSVPs TODAY!!!

Lady Luck Is Being Generous!

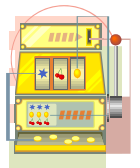
Thank you for all of the donations we have received so far. The "house" is proud to announce that there is truly something for everyone in every price range in this auction!

- Three day and seven day beach trips!
- Dinners out!
- Autographed Jonas Brothers guitar!
- Jewelry and purses!
- Autographed Bucs, Gators and Rays memorabilia!
- Skating and Bowling Parties for your next Birthday!
- Park passes to Disneyworld or Busch Gardens!
- Headmaster of the Day!
- Fun times with your teachers!



KEEP THOSE DONATIONS COMING! WE STILL NEED MANY MORE ITEMS! WE NEED ITEMS OF EVERY SIZE!

Ask everyone YOU support as a consumer: You'd be surprised at how generous they will be for your children's school!

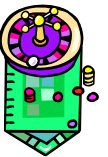


TCO

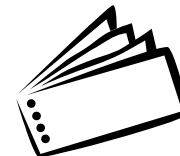
Save \$5,000 on 2009 - 2010 Tuition!



You will have the opportunity to purchase tickets in the office or look for the order form in this week's Heads' Letter email. TCO prices are:



**One Ticket for \$100
Two Tickets for \$175**



You could be the very lucky recipient of the PFA sponsored annual Tuition Credit Opportunity, or TCO, which will be chosen on March 7, 2009 at this year's Big Event. The winner will automatically receive a credit of \$5,000 towards his or her child's 2009-2010 tuition. Only 125 tickets will be sold, so be sure to act quickly.

SHARE THE GIFT OF AN IDS EDUCATION

Many of you continue to ask about next year for your friends' children. There are two ways you can help them:

1. Call the Admissions Office (813-961-3087) and have Pam Barfield schedule a personal tour and/or
2. join us for an OPEN House or Campus Tour Day.

On **Wednesday, February 11**, we will have our Winter Admissions Open House for new families to come, visit, and "catch the spirit" of an IDS education for 3 year-olds through 8th graders.

Some Facts: Over 4,000 educators have visited or trained at IDS in the last 5 - 6 years. We are proud to help guide the way for all students to have an education that prepares students to lead and succeed in the 21st century. Let your friends and neighbors know so that they too can have **MASTER TEACHERS** who work and study tirelessly on behalf of students every single day!! It's a labor of love!

Our mission remains: "**OUR Children First**" and to have a "**positive impact on the greater community.**"

COMMUNITY AD



This Valentine's Day
give something heart-healthy!

*Less than 10 mins
from IDS!

PILATES movement
studio

(813) 931-5169 www.pilatesmovementstudio.com

If you are interested in running an advertisement in the *Heads' Letter*, please contact: Celeste Ross at (813) 961-3087.
¼ page \$100, ½ page \$175, full back page \$250. *Advertisements run only when space is available.*

**Please see
"All School"
enclosures
found in
Thursday Folder.**



Big Event Order Form



"Get In On The Action!"

In order to help you get ready for the Big Event, your Casino Pit Bosses are helping you to ante up! Below is a list of all of the things you need to be ready for the wheelin' and dealin' on Saturday, March 7!



RSVP (include all names below)	<i>\$50 per person</i>	
Tuition Credit Opportunity (TCO)	<i>1 chance for \$100 or 2 chances for \$175</i>	
Send A Teacher Packing	<i>\$5 per ticket: write teachers names on back of form</i>	
Babysitting	<i>\$15 per child</i>	
Total		

Name(s): _____

Children's Names and ages (for babysitting):

Attach cash, check or charge account info:
_____/_____/_____/_____ exp: _____





February 2009

TO: IDS Parents and Students

FROM: Chef Garret Jagdmann

SUBJECT: 2008 - 2009 Lunch Program - THIRD LUNCH ORDER FORM

**REMINDER: OUR LUNCH PROGRAM STARTS
MONDAY, MARCH 2, 2009**

The IDS Lunch Program is about to complete another successful year of providing delicious nutritious food to your children and we're already preparing for the third and final lunch offering. Bravo to those who have signed up for the whole year in our Win Win plan. You are already enjoying a daily delight.

The IDS Lunch Program will include a choice of: 1.) Meal, 2.) Salad, 3.) Box Lunch. Attached you will find our menu for March/April/May/June. As you review this third offering for this school year, you will find a wide variety of healthy kid-friendly food choices. We also include **fresh cut seasonal fruit, garden fresh veggies, and a beverage with every meal.** Please see the lunch menu for offerings.

Our third lunch offering will begin Monday, March 2, 2009. It is very important that families, who wish to participate in the lunch program on March 2, return the lunch order form to the IDS Office by **Thursday, February 19.** Forms that are returned after that date may result in a one-week processing delay.

Please enclose a check with your child's order form and return it to the IDS business office. Walk-ups will be charged monthly for the box lunches at a price of \$5.50 per day. Please note that there are no refunds or lunch exchanges due to student absences or field trips.

Option #1 – Full Purchase Plan: This plan will provide your child with lunch for the entire third offering (March 2nd – June 3rd). Please select a meal or salad on the attached order form. The cost of this plan is **\$4.00 a lunch**. Your total cost will be (**\$4.00 x 56 days**) **\$224.00** for the second session.

Option #2 – Partial Purchase Plan: This plan will allow you to pick and choose from the attached order form. Please select a meal or salad for days in which you would like to purchase lunch. The price of this plan is **\$4.75 a lunch**.

Option #3 – Walk Up Charges: This is for students needing a lunch. These students will be provided with a box lunch which includes their choice of a turkey **or** peanut butter and jelly sandwich, chips, fresh fruit, apple sauce, and a drink. All walk up lunches will be charged **\$5.50** or you can pay cash at the time of purchase.

Option #4 - Drink Options: Students bringing a lunch from home or someone who has purchased a lunch may buy a drink for a **\$1.00**.

Note: Win Win Plan: If you participated in this plan (the full year \$600 plan) at the beginning of the year, please make your lunch selections for this session on the lunch order form and return it to the office.

If you purchase the Win Win or Full Purchase Plans, your child has the option of substituting a boxed lunch for a hot meal at the time of service. Students will make their drink selection at lunch time. Daily beverage choices consist of one (1) of the following per lunch:

- Milk (low fat white or chocolate) or
- Bottled water or
- 100% fruit juice

At any time, should any IDS parent have any questions regarding the Lunch Program, please feel free to contact Chef Garret or Billie Valloro at (813)-961-3087.

Note: If you are worried about New Horizons week just take note that it is a better value for your wallet to order the full purchase program instead of the partial plan.

The IDS Catering Department would like to thank everyone who has participated in our lunch program this year. We appreciate all of our volunteers helping us everyday to be successful. If you have any comments about how we can improve our lunch program next year please contact Chef Garret at gjagdmann@idsyes.com.

LUNCH ORDER FORM
MARCH 2009 - JUNE 2009

Student Name: _____ Grade: _____ Homeroom Teacher: _____

OPTION #1: FULL PURCHASE - DAILY LUNCH SERVICE

Student is provided lunch daily from March 2, 2009 thru June 2, 2009

INSTRUCTIONS: For full purchase plan: please circle or color in the box for either DAILY MEAL SELECTION or FRESH GARDEN SALAD. All meals include a choice of low fat milk, bottle water, or 100% fruit juice. (For students who wish to purchase more than one meal per day - please indicate with a number (example: 2 or 3) in the column and recalculate the total number of lunches.) We have teamed up with McDonald's for our "Restaurant Appreciation Day." Please circle double hamburger, double cheeseburger, or a six piece chicken nugget for a meal. We will supply side dishes. Pizza Day will be supplied by Domino's. See menu attached.

Mar-09

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
2	MEAL	SALAD	3	MEAL	SALAD	4	MEAL	SALAD	5	MEAL	SALAD	6	MEAL	SALAD
9	MEAL	SALAD	10	MEAL	SALAD	11	MEAL	SALAD	12	MEAL	SALAD	13	MEAL	SALAD
16	SCHOOL HOLIDAY		17	SCHOOL HOLIDAY		18	SCHOOL HOLIDAY		19	SCHOOL HOLIDAY		20	SCHOOL HOLIDAY	
23	SCHOOL HOLIDAY		24	DBL CHEZ	6 NUGGET	25	MEAL	SALAD	26	MEAL	SALAD	27	MEAL	SALAD
				DBL HAM	SALAD									
30	MEAL	SALAD	31	MEAL	SALAD									

Apr-09

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
						1	MEAL	SALAD	2	MEAL	SALAD	3	MEAL	SALAD
6	MEAL	SALAD	7	DBL CHEZ	6 NUGGET	8	NOON DISMISSAL		9	SCHOOL HOLIDAY		10	SCHOOL HOLIDAY	
				DBL HAM	SALAD									
13	MEAL	SALAD	14	MEAL	SALAD	15	MEAL	SALAD	16	MEAL	SALAD	17	MEAL	SALAD
20	MEAL	SALAD	21	MEAL	SALAD	22	MEAL	SALAD	23	MEAL	SALAD	24	MEAL	SALAD
27	MEAL	SALAD	28	MEAL	SALAD	29	MEAL	SALAD	30	MEAL	SALAD			

May-09

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
												1	MEAL	SALAD
4	MEAL	SALAD	5	MEAL	SALAD	6	NOON DISMISSAL		7	MEAL	SALAD	8	DBL CHEZ	6 NUGGET
													DBL HAM	SALAD
11	MEAL	SALAD	12	MEAL	SALAD	13	MEAL	SALAD	14	MEAL	SALAD	15	MEAL	SALAD
18	MEAL	SALAD	19	MEAL	SALAD	20	MEAL	SALAD	21	MEAL	SALAD	22	MEAL	SALAD
25	SCHOOL HOLIDAY		26	MEAL	SALAD	27	MEAL	SALAD	28	MEAL	SALAD	29	MEAL	SALAD

Jun-09

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
1	MEAL	SALAD	2	MEAL	SALAD	3	NOON DISMISSAL							

DAILY LUNCH SERVICE 3/02/09-6/2/09 COST PER LUNCH \$4.00 X Number of lunch days 56 = GRAND TOTAL \$224.00

MAKE CHECKS PAYABLE TO IDS. CHECK NUMBER: _____

LUNCH FORM

MARCH 2009 - JUNE 2009

Student Name: _____ Grade: _____ Homeroom Teacher: _____

OPTION #2: PARTIAL PURCHASE PLAN - SELECTIVE LUNCH SERVICE

Students are given the option of selecting only the meals they wish to purchase.

INSTRUCTIONS: For partial purchase plan: please circle or color in the box for either DAILY MEAL SELECTION or FRESH GARDEN SALAD. All meals include a choice of low fat milk, bottle water, or 100% fruit juice. (For students who wish to purchase more than one meal per day - please indicate with a number (example: 2 or 3) in the column and recalculate the total number of lunches.) We have teamed up with McDonald's for our "Restaurant Appreciation Day." Please circle double hamburger, double cheeseburger, or a six piece chicken nugget for a meal. We will supply side dishes. Pizza Day will be supplied by Domino's. See menu attached.

Mar-09

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
2	MEAL	SALAD	3	MEAL	SALAD	4	MEAL	SALAD	5	MEAL	SALAD	6	MEAL	SALAD
9	MEAL	SALAD	10	MEAL	SALAD	11	MEAL	SALAD	12	MEAL	SALAD	13	MEAL	SALAD
16	SCHOOL HOLIDAY		17	SCHOOL HOLIDAY		18	SCHOOL HOLIDAY		19	SCHOOL HOLIDAY		20	SCHOOL HOLIDAY	
23	SCHOOL HOLIDAY		24	DBL CHEZ	6 NUGGET	25	MEAL	SALAD	26	MEAL	SALAD	27	MEAL	SALAD
				DBL HAM	SALAD									
30	MEAL	SALAD	31	MEAL	SALAD									

Apr-09

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
6	MEAL	SALAD	7	DBL CHEZ	6 NUGGET	1	MEAL	SALAD	2	MEAL	SALAD	3	MEAL	SALAD
				DBL HAM	SALAD	8	NOON DISMISSAL		9	SCHOOL HOLIDAY		10	SCHOOL HOLIDAY	
13	MEAL	SALAD	14	MEAL	SALAD	15	MEAL	SALAD	16	MEAL	SALAD	17	MEAL	SALAD
20*	MEAL	SALAD	21*	MEAL	SALAD	22*	MEAL	SALAD	23*	MEAL	SALAD	24*	MEAL	SALAD
27	MEAL	SALAD	28	MEAL	SALAD	29	MEAL	SALAD	30	MEAL	SALAD			

***New Horizons Week for Middle School**

May-09

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
4	MEAL	SALAD	5	MEAL	SALAD	6	NOON DISMISSAL		7	MEAL	SALAD	1	MEAL	SALAD
												8	DBL CHEZ	6 NUGGET
11	MEAL	SALAD	12	MEAL	SALAD	13	MEAL	SALAD	14	MEAL	SALAD		DBL HAM	SALAD
18	MEAL	SALAD	19	MEAL	SALAD	20	MEAL	SALAD	21	MEAL	SALAD	15	MEAL	SALAD
25	SCHOOL HOLIDAY		26	MEAL	SALAD	27	MEAL	SALAD	28	MEAL	SALAD	22	MEAL	SALAD
												29	MEAL	SALAD

Jun-09

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
1	MEAL	SALAD	2	MEAL	SALAD	3	NOON DISMISSAL							

DAILY LUNCH SERVICE	COST PER LUNCH	Number of lunch days	GRAND TOTAL
3/02/09-6/2/09	\$4.75	X	= _____

MAKE CHECKS PAYABLE TO IDS. CHECK NUMBER: _____

	Monday	Tuesday	Wednesday	Thursday	Friday		
<p><u>LUNCH NOTES:</u></p> <p>1. TOSSSED SALAD WITH OR WITHOUT CHICKEN IS AVAILABLE DAILY</p> <p>2. TURKEY AND PB & J SANDWICHES ARE ALSO AVAILABLE DAILY</p> <p>3. ALL FRUIT IS SERVED <u>FRESH</u> DAILY</p>	<p>2 LASAGNA W/ SALAD, FRESH FRUIT, AND GARLIC BREAD</p>	<p>3 GRILLED CHEESE SANDWICH W/ TOMATO SOUP FRESH FRUIT AND SALAD</p>	<p>4 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS</p>	<p>5 MAC N CHEESE W/VEGGIES, FRUIT, AND FRESH ROLLS AND BUTTER</p>	<p>6 HAMBURGER W/ CHEESE SERVED W/POTATOES, SALAD AND FRUIT</p>		
	<p>9 CHICKEN PATTY SANDWICH W/ ROASTED POTATOES, FRUIT AND JELL-O</p>	<p>10 SPAGHETTI AND MEATBALLS W/ TOSSED SALAD AND GARLIC BREAD</p>	<p>11 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS</p>	<p>12 FRENCH TOAST STICKS W/ TURKEY SAUSAGE, FRUIT, GRITS</p>	<p>13 CHICKEN AND YELLOW RICE WITH FRESH FRUIT AND YOGURT</p>		
	<p>16 SCHOOL HOLIDAY</p>	<p>17 SCHOOL HOLIDAY</p>	<p>18 SCHOOL HOLIDAY</p>	<p>19 SCHOOL HOLIDAY</p>	<p>20 SCHOOL HOLIDAY</p>		
	<p>23 SCHOOL HOLIDAY</p>	<p>24 RESTAURANT APPRECIATION DAY!</p>	<p>25 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS</p>	<p>26 TURKEY AND CHEESE SANDWICH CHICKEN NOODLE SOUP, VEGGIES, FRUIT</p>	<p>27 GRILLED CHEESE SANDWICH W/ TOMATO SOUP FRUIT AND SALAD</p>		
	<p>30 ALL BEEF SOFT TACOS W/ CHEESE, YELLOW RICE, BEANS, FRUIT</p>	<p>31 MINI ALL BEEF CORN DOGS W/VEGGIES, YOGURT, AND FRUIT</p>					

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>LUNCH NOTES:</p> <p>1. TOSSED SALAD WITH OR WITHOUT CHICKEN IS AVAILABLE DAILY</p> <p>2. TURKEY AND PB & J SANDWICHES ARE ALSO AVAILABLE DAILY</p> <p>3. ALL FRUIT IS SERVED <u>FRESH</u> DAILY</p>			1 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS	2 CHICKEN FINGERS W/ DIP- PING SAUCE VEGGIES, FRESH FRUIT	3 SPAGHETTI AND MEATBALLS W/ TOSSED SALAD AND GARLIC BREAD	
	6 GRILLED CHEESE SANDWICH W/ TOMATO SOUP FRUIT AND SALAD	7 RESTAURANT APPRECIATION DAY!	8 NOON DISMISSAL	9 SCHOOL HOLIDAY	10 SCHOOL HOLIDAY	
	13 LASAGNA W/ SALAD, FRESH FRUIT, AND GARLIC BREAD	14 FRENCH TOAST STICKS W/ TURKEY SAUSAGE, FRUIT, AND GRITS	15 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS	16 CHICKEN FINGERS W/ DIP- PING SAUCE VEGGIES, FRESH FRUIT	17 TURKEY AND CHEESE SAND- WICH CHICKEN NOODLE SOUP, VEGGIES, FRUIT	
	20 CHICKEN PATTY SANDWICH W/ ROASTED POTATOES, FRUIT AND JELL-O	21 GRILLED CHEESE SANDWICH W/ TOMATO SOUP FRESH FRUIT AND SALAD	22 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS	23 MAC N CHEESE W/VEGGIES, FRUIT, AND FRESH ROLLS AND BUTTER	24 HAMBURGER W/ CHEESE SERVED W/POTATOES, SALAD AND FRUIT	NEW HORIZONS WEEK FOR MIDDLE SCHOOL
	27 CHICKEN FINGERS W/ DIP- PING SAUCE VEG- GIES, FRESH FRUIT	28 SPAGHETTI AND MEATBALLS W/ TOSSED SALAD AND GARLIC BREAD	29 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS	30 FRENCH TOAST STICKS W/ TURKEY SAUSAGE, FRUIT, GRITS		

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p><u>LUNCH NOTES:</u></p> <p>1. TOSSED SALAD WITH OR WITHOUT CHICKEN IS AVAILABLE DAILY</p> <p>2. TURKEY AND PB & J SANDWICHES ARE ALSO AVAILABLE DAILY</p> <p>3. ALL FRUIT IS SERVED <u>FRESH</u> DAILY</p>					<p>MAY 1 CHICKEN AND YELLOW RICE W/ FRESH FRUIT AND YOGURT</p>	
	<p>4 CHICKEN QUESADILLA W/ YELLOW RICE LETTUCE TOMATO, FRESH FRUIT</p>	<p>5 LASAGNA W/ SALAD, FRESH FRUIT, AND GARLIC BREAD</p>	<p>6 NOON DISMISSAL</p>	<p>7 TURKEY AND CHEESE SANDWICH CHICKEN NOODLE SOUP, VEGGIES , FRUIT</p>	<p>8 RESTAURANT APPRECIATION DAY!</p>	
	<p>11 ALL BEEF SOFT TACOS W/ CHEESE, YELLOW RICE, BEANS, FRUIT</p>	<p>12 MINI ALL BEEF CORN DOGS W/VEGGIES, YOGURT, AND FRUIT</p>	<p>13 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS</p>	<p>14 CHICKEN FINGERS W/ DIPPING SAUCE VEGGIES, FRESH FRUIT</p>	<p>15 GRILLED CHEESE SANDWICH W/ TOMATO SOUP FRUIT AND SALAD</p>	
	<p>18 SPAGHETTI AND MEATBALLS W/ TOSSED SALAD AND GARLIC BREAD</p>	<p>19 CHICKEN NUGGETS W/ DIPPING SAUCE W/ FRUIT, ROASTED POTATOES</p>	<p>20 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS</p>	<p>21 LASAGNA W/ SALAD, FRESH FRUIT, AND GARLIC BREAD</p>	<p>22 MAC N CHEESE W/VEGGIES, FRUIT, AND FRESH ROLLS AND BUTTER</p>	
	<p>25 SCHOOL HOLIDAY</p>	<p>26 FRENCH TOAST STICKS W/ TURKEY SAUSAGE, FRUIT, AND GRITS</p>	<p>27 PIZZA DAY SERVED WITH COOKIE, FRUIT, AND CARROT STICKS</p>	<p>28 CHICKEN FINGERS W/ DIPPING SAUCE VEGGIES, FRESH FRUIT</p>	<p>29 TURKEY AND CHEESE SANDWICH CHICKEN NOODLE SOUP, VEGGIES , FRUIT</p>	
	<p>JUNE 1 MINI ALL BEEF CORN DOGS W/ VEGGIES, YOGURT, AND FRUIT</p>	<p>2 HAMBURGER W/ CHEESE SERVED W/POTATOES, SALAD AND FRUIT</p>	<p>3 NOON DISMISSAL</p>			

WEEKLY SPORTS UPDATE

February 9-13, 2009

Daily Sports Hotline: (813) 961-3087, ext. 399



Date	Time	Team/Sport	School	Location	Pick-Up	Pick-Up/Comments
Mon. 2/9	3:00	Track	Practice	8th Grade Deck	4:45	
	5:00	Vermont Girls Basketball	Practice	MS Gym	7:00	
Tues. 2/10	4:00	Track - Girls Team	Meet	Berkeley Prep	7:30*	*Approximate pick-up
	off	Track - Boys Team	off			
	5:00	Volleyball	Club	MS Gym	7:00	
Weds. 2/11	3:00	Track	Practice	8th Grade Deck	4:45	
Thur. 2/12	4:00	Track - Boys Team	Meet	Berkeley Prep	7:30*	*Approximate pick-up
	off	Track - Girls Team	off			
Fri. 2/13		Athletes' Day Off				

DIRECTIONS: BERKELEY PREP SCHOOL: 4811 Kelly Rd. Tampa, 885-1673.

Dale Mabry south to the Hillsborough exit. Take a right onto Hillborough at the end of the ramp. Left onto Kelly Road (TJ Maxx and Mobil station on the corner). The school is on the left.